WEEKEND PACKING LIST

To bring (in addition to what is worn on the bus):

- One or two sets of underwear
- One pairs of long pants—NOT jeans as jeans do not dry easily and are heavy when wet. Lightweight synthetic fabrics (nylon, polyester, microfiber) are preferable. But if all you have are jeans, then bring jeans.
- One pair of shorts, again nylon, polyester or microfiber are great because they dry easily. (NOT baggy, NO underwear showing allowed)
- A warm hat/woollen cap for hiking and sleeping outdoors
- Baseball cap or other sun hat. (NOT black!)
- Sunscreen
- A fleece or other light weight water resistant or water proof jacket- NOT cotton. It can get cold at night.
- Pull-over sweater (preferably NOT a sweatshirt)- wool or fleece material is better.
- Two t-shirts
- One long sleeved button down shirt for sun and because it gets cool
- One long sleeved t-shirts
- Lightweight blanket
- WARM sleeping clothes
- Towel
- One GOOD pair of tennis shoes/sneakers. Your shoes may get dirty and wet – do not bring sneakers so old that they will fall apart!
- A pair of comfortable hangout shoes like Crocs or Tevas (sandals with ankle straps) - flip flops are OK, but not recommended.
- Two pairs of white (or colored) socks that come up ABOVE the ankle. Athletic socks or hiking socks are great. (Do not bring footies—they will cause blisters when hiking around!)
- Toiletries – toothbrush, toothpaste
- Day Pack for day hiking – school backpack is great.
- 1 or 2 liter water bottle – metal, nalgene plastic, or other sturdy one that can survive day hikes.
- Bandanna or cotton scarf to use as a napkin/plate for day hikes

Kayaking/canoeing trips only, please also bring:

- A bathing suit
- Water shoes (no flip flops - you will be happiest with closed toe water shoes or sandals that strap around your ankles)

Do NOT bring: hair dryers, curling or flat irons, other electric appliances – there will be no outlets to plug them into, so save the weight!

Cell phones and cameras are okay to bring. However, CELL PHONES WILL BE COLLECTED when we reach camp. Do not count on using your cell phone as a camera. This will not be allowed.